

## NEWSLETTER CHRISTIE LAKE KIDS AND ART



to partake in some live theatre – this is possible through the Share the Spirit Program. **Christie Lake Kids Connects** 

Every year CLK brings a group of youth to the National Arts Centre

## To Low Income Kids Through Art Most children start out in life with a natural love for the arts. Some of those early passions include painting, drawing, playing with clay, listening to or

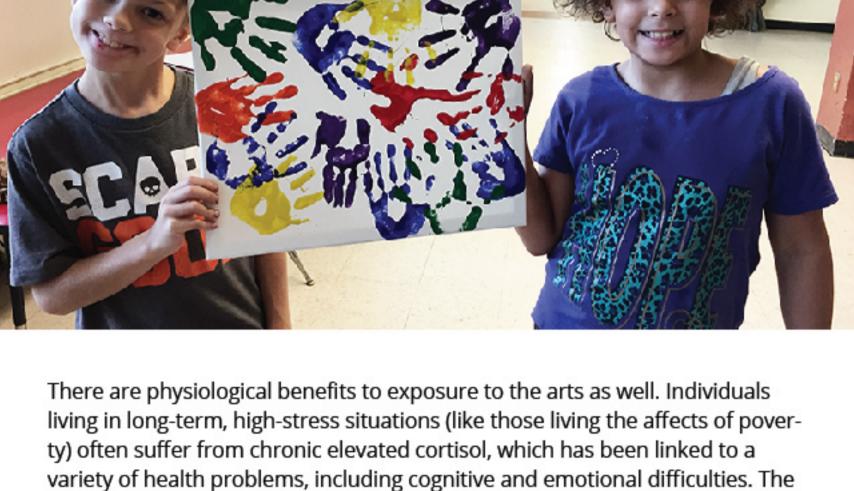
making music and watching or participating in drama. Continued exposure to the arts helps with brain development, fostering critical thinking, social tolerance, collaborative skills and empathy. Most importantly, the arts help underprivileged kids learn the life skill of self-regulation. Art programs have been a staple component of Christie Lake Kids (CLK). These include arts & crafts at Christie Lake Camp and as a part of our STAR

(Skills Through Arts and Recreation) programming in the inner-city which includes specific art programming in a multitude of art mediums like Paper Mache; pottery, painting on canvas; and much more.





dren said they found the arts made them more comfortable interacting with adult volunteers. Our art program also has the best outcomes for self-regulation skills of any of CLK's programs, with 82% of participants saying they felt they were able to wait their turns during activities and 91% expressing they believed they had the ability to be patient while waiting when they wanted something. Studies show that low income students highly engaged in the arts are more than twice as likely to graduate compared to their peers with no arts education, and have a five times lower dropout rates.



arts have been proven to reduce stress and cortisol levels for low-income

kids, alleviating the impacts of poverty on their physiological functioning.



Through the arts, children learn to observe, describe, analyze and

Art helps children develop problem-solving skills and an ability to

interpret; these are skills which they can reapply in many other learn

## Art encourages collaboration with other people and an appreciation of other cultures All children can succeed in the arts and gain skills and self-confidence

ing situations including science and math

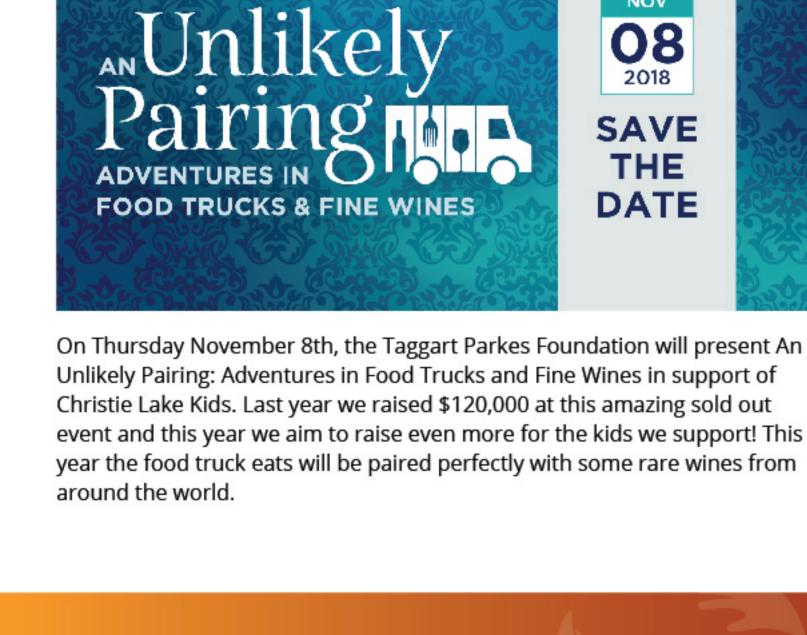
consider multiple viewpoints

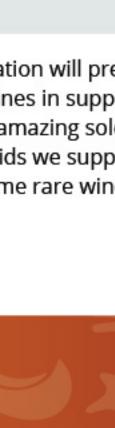
(the building block to self-esteem).



VISIT WEBSITE

UPCOMING EVENT





NOV

SAVE

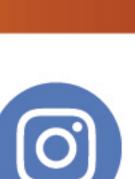
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DATE









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