



NEWSLETTER

TRANSFORMATIVE RECREATION®

CHRISTIE LAKE T-REC



Using the Christie Lake Model to Connect for Success

Christie Lake Kids has developed an innovative program model called Transformative Recreation®, which serves as one of the cornerstones of our success in helping disadvantaged kids to thrive. CLK works year round to provide opportunities for children and youth from low-income families to build skills and resiliency through social recreational programming. The Transformative Recreation® program model is designed to support the development of three key skill areas: physical, social and character skills.

The emphasis is on building trust and communication with participants and their parents, celebrating accomplishments and providing support whenever challenges are encountered.



How Transformative Recreation works

CLK works closely with each child to evaluate their needs and strengths before participation in programs and assess personal growth afterwards. This not only ensures a thorough understanding of how to best serve each child, but also affords opportunities to measure success and refine program delivery as needed. One of the secrets to CLK's success is the amount of training and orientation given to volunteers and staff members so that they can be prepared and patient with the children and youth with whom they are engaged. The emphasis is on building trust and communication with participants and their parents, celebrating accomplishments and providing support whenever challenges are encountered. The organization also takes pride in its high adult to youth ratios, which facilitates a stable, positive environment for all.

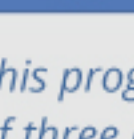
A crucial element of Transformative Recreation® is the "Active Pursuit" process. By providing personalized attendance reminders and participation support, programs enjoy high enrollment retention which leads to individual success. Through the development of strong, trusting bonds and targeted skill development goals, CLK's Transformative Recreation® programs allow children and youth to build long-term resiliency.



How do we measure skill development?

CLK measures skill development using two evaluation tools. The first is the Transformative Recreation Skills Evaluation, which program volunteers and staff use at the end of a program cycle to measure the specific development of physical, social and character (emotional) skills for each participant. The second tool, the Self-Concept Survey, is filled out by each child or youth at the end of a program cycle; it measures program effectiveness through the areas of program satisfaction, positive peer/adult relationships, self-efficacy, self-regulation and positive future outlook.

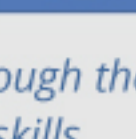
CLK works with children and youth to develop relationships that are both caring and stable.



PHYSICAL



SOCIAL



CHARACTER

This program model is designed to build resiliency through the development of three key skill areas: physical, social and character skills.

Why Transformative Recreation Works

To be successful, at-risk kids need to build a sense of trust and have the time to communicate the complexity, frustrations, and positive aspects of their lives. CLK works with children and youth to develop relationships that are both caring and stable. Only after creating a strong relational base will an adult have the platform to be a source of enduring and valued advice.

Young people do not attain reachable goals on their own. CLK understands that youth are more likely to move ahead when they know that there is a path to get there and support all along the way. With CLK's well-trained role models, kids can create realistic, achievable goals and pathways, knowing there are guardrails along the way.



[VISIT WEBSITE](#)

UPCOMING EVENT



On Thursday November 8th, the Taggart Parkes Foundation will present An Unlikely Pairing: Adventures in Food Trucks and Fine Wines in support of Christie Lake Kids. Last year we raised \$120,000 at this amazing sold out event and this year we aim to raise even more for the kids we support! This year the food truck eats will be paired perfectly with some rare wines from around the world.

[Learn More...](#)



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